

ETS Facus Competition weren Sarah Freedom with ETS's Di Rebote Berardi.

ourth year medical student, Sarah Precaton has scooped the prite in the 2016 European Tissue Symposium (ETS) Essay Competition on the most hygienic way to dry your hands.

Freeston's winning essay was judged the best by the ETS Scientific Panel. consisting of air eminent professors and microbiologists from across Europe. She received her cash prize of €1 800 at the Faculty Club in the University of Leuven in Belgium last week followed by a lunch with the Scientific Panel.

"Serah did a wonderful job in emphasising the importance of proper hand washing and drying from the perspective of the becteria," explains Prof Marc Van Ranat, Chairman of the Scientific Panel. "Her vary well-written essay will be a useful tool in receiving out to a younger audience to convince them that hand drying using single-use towels is the preferred way to dry your hands as the tinal step in the hand-washing process. This is also the mode of hand drying brouted by the World Health Organisation."

Freeston, who is studying medicine at University College London, noticed the competition after ETS reached out to universities to encourage students to enter. She had seen hand dryers and was keen to read the literature on their hygiene record, particularly as her studies meant that she spent time in a clinical environment and understood the

importance of optimum cleanliness.

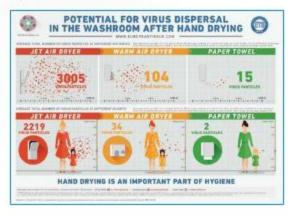
Freeston says: "The title of the essay interested me as it was quite different from the more academic and scientific competitions. The more light-hearted tone appealed to me and I decided to write the piece from a different perspective in order to engage children who would be put off by a more adult tone. I wrote the essay over the Christmas holdays, so I think II was also inapired by animated films!" In light of that inspiration. Freeston created the garm character Gerry to explain the life of germs in the washroom and the importance of proper hand drying with single-use towels.

Winner of 'most hygienic way to dry your hands' essay competition announced

ETS has undertaken extensive research into the most hygienic way to dry hands. Studies with both the Universities of Leeds and Westminster have been peer reviewed and published in the well-respected Journal of Hospital Infection. A strong proponent of broadening awareness of these results among younger people. ETS launched its first Essay Competition last year, following four years of very successful Cartoon Contests.

"We are very pleased with the freshness and quality of this vinning essey," eavy Roberto Betaroi, Chairman of ETS. "It is important to convey the facts to the younger generation and to demonstrate that the humble single-use paper towel is, in fact, state-of-the art in terms of hand hygiene and reducing air contemination in washrooms. The future is quite literally, in their – hopefully wellwashed and dried – hands." Bot"

To read the essay visit, http://huropeantesser.com/ hotme/ets-wirther-essay/corresotition-2015/





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